

2010 WIC classes

All classes are for WIC participants and will be held in the first floor meeting room of the Community Health Facility, 200 Maine St. in Lawrence (unless otherwise noted).

“Goo Goo Faces – Starting Your Baby on Solids”

January- Wed., **Jan. 20, 10:30 a.m.** (second floor meeting room)

February- Thurs., **Feb. 18, 2 p.m.**

March- Mon., **March 1, 5:30 p.m.**

June- Thurs., **June 3, 2 p.m.**

July- Wed., **July 14, 10:30 a.m.** (second floor meeting room)

August- Thurs., **Aug. 26, 2 p.m.**

October- Mon., **Oct. 4, 5:30 p.m.**

November- Wed., **Nov. 10, 10:30 a.m.** (second floor meeting room)

“Play Every Day”

March- Thurs., **March 4, 2 p.m.**

July- Mon., **July 19, 5:30 p.m.**

September- Kickin’ it with WIC event, **Thurs., Sept. 16**

December- Thurs., **Dec. 2, 2 p.m.**

“Simply Cooking”

February- Mon., **Feb. 22, 5:30 p.m.**

April- Thurs., **April 22, 2 p.m.**

June- Mon. **June 14, 5:30 p.m.**

November- Thurs., **Nov. 18, 2 p.m.**

“It Costs a Lot to Live!”

January- Thurs., **Jan. 28, 2 p.m.**

May- Wed., **May 19, 10:30 a.m.** (second floor meeting room)

August- Thurs., **Aug. 5, 2 p.m.** (second floor meeting room)

October- Wed., **Oct. 13, 10:30 a.m.** (second floor meeting room)

- See www.ldchealth.org/breastfeeding.htm for a list of breastfeeding classes!