

NEWS RELEASE
FOR IMMEDIATE RELEASE
Dec. 31, 2009

Contact: Lisa V. Horn
Communications Coordinator
Office: (785) 843-3060

Vaccination is best protection against H1N1

(Lawrence, KS) – In between all the holiday festivities and to-do lists, some people may wonder if receiving the H1N1 vaccine is still important. However, flu season typically lasts through May and past pandemics have occurred in waves.

With holiday travel and children and young adults returning to school in January, it's possible that there will be another increase in H1N1 illness. Getting vaccinated is your best protection against the virus.

The Lawrence-Douglas County Health Department encourages the public to attend any of the following H1N1 vaccination clinics in January:

- **Jan. 6-** 4 to 7 p.m., Eudora Middle School, 2635 Church St., Eudora.
- **Jan. 7-** 4:30 to 6:30 p.m., Baldwin High School, 415 Eisenhower St., Baldwin City.
- **Jan. 9-** 9 a.m. to noon, Health Department, 200 Maine St., Lawrence.
- **Jan. 12-** 3 to 6 p.m., Health Department, 200 Maine St., Lawrence.

As part of the federal vaccination program, the H1N1 immunization will be available at no charge. No appointment is necessary.

The vaccine is also available at some Douglas County health care providers and pharmacies. Check with your provider or to see a list of pharmacies and clinics offering the immunization, visit the Health Department's Web site at www.ldchealth.org. Please note the list may change as more providers are added. Pharmacies and clinics may charge an administrative fee.

The Health Department encourages children under 10, who have received their first dose of the H1N1 vaccine, to receive their second booster immunization at the upcoming clinics. A period of one month must have passed between the child's first and second doses.

To help expedite the process, clients planning to be immunized at Health Department H1N1 clinics are encouraged to download a consent form at

www.ldchealth.org, fill it out ahead of time and bring to a clinic. A second consent form must be filled out for children receiving their second dose.

-30-

Healthy People Build Strong Communities
www.ldchealth.org