

**NEWS RELEASE**  
FOR IMMEDIATE RELEASE  
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### **Spring family-based sexuality education classes now enrolling**

**(Lawrence, KS)** – Parents need and want to be involved in the sexuality education of their children, but often do not know what or how to teach them. “Kids Need to Know,” the Lawrence-Douglas County Health Department’s Family-Based Sexuality Education program, is now enrolling.

The classes, geared for fifth- and sixth-graders, meet for two hours once a week for five weeks. All courses begin with a “Parents Only” night where curriculum and materials are discussed and any questions are answered. Following Parents’ Night, the courses continue with weekly parent-child sessions for four more weeks. One parent accompanies the child to each class.

Reproductive body parts and purposes, puberty, pregnancy, childbirth and sexually transmitted diseases are discussed. Decision-making skills are emphasized. Videos, games and other interactive activities help make the classes fun and interesting.

The class for girls will be held Tuesdays, Jan. 18 through Feb. 15. The boys’ class will meet Tuesdays beginning March 29 and ending April 26. Another girls’ class will be held on Thursdays from March 31 to April 28. All classes meet from 7 to 9 p.m. The cost is \$50 per family.

Registrations must be received one week prior to the first night of class. For more information or to register, visit [www.ldchealth.org](http://www.ldchealth.org) or call (785) 843-0721.