



**NEWS RELEASE**  
FOR IMMEDIATE RELEASE  
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## **Fluoride varnish clinics scheduled at Health Department**

**(Lawrence, KS)** – The Lawrence-Douglas County Health Department and the Douglas County Dental Clinic will host several fluoride varnish clinics for children in January and February. Studies show that fluoride varnish is most effective in preventing cavities when applied at least three times a year.

A Douglas County Dental Clinic dental hygienist will perform the simple application of fluoride on the following dates from 1 to 4 p.m. (except where noted):

- Tuesday, Jan. 10
- Wednesday, Jan. 11
- Tuesday, Feb. 7 and
- Thursday, Feb. 16, 8:45 a.m. to noon.

The clinics will take place at the Health Department, 200 Maine St. in Lawrence. No appointment is needed; clients will be served on a first come, first served basis. All children, ages 6 months to 18 who are uninsured or are on Medicaid or Healthwave, are eligible. A parent or guardian must be present to sign a consent form for the treatment and to provide the child's medical card information. There is no charge.

Fluoride varnish is 5 percent sodium fluoride resin that is painted on teeth to help make the enamel stronger and more resistant to dental decay. This temporary resin is held in close contact to the tooth surface for four to six hours to allow absorption. It can be brushed off the teeth after a few hours or left on the teeth overnight.

For more information, please call the Health Department at (785) 843-0721 or visit [www.ldchealth.org](http://www.ldchealth.org).