

NEWS RELEASE
FOR IMMEDIATE RELEASE
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Health Department staff to read to local preschoolers

(Lawrence, KS) – Reading to a child for 30 minutes per day from infancy on helps prepare him or her to learn. Lawrence-Douglas County Health Department staff will read to area children during Kansas Reads to Preschoolers Week (Nov. 15-19), which aims to highlight the importance of reading to children.

This year's theme is food, nutrition and where food originates, featured throughout the book, "Up, Down and Around," by Katherine Ayres. The book starts with a newly planted garden and ends with the characters enjoying a healthy lunch of various vegetable dishes.

Health Department staff will read at 15 child care facilities throughout Douglas County next week. The Health Department did not participate in the 2009 Kansas Reads to Preschoolers due to H1N1 efforts, however in 2008, Health Department staff read and provided health education at 17 facilities.

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