



NEWS RELEASE
FOR IMMEDIATE RELEASE
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Family-based sexuality education course now enrolling

(Lawrence, KS) – Parents need and want to be involved in the sexuality education of their children, but often do not know what or how to teach them. “Kids Need to Know,” the Lawrence-Douglas County Health Department’s Family-Based Sexuality Education program, is enrolling for classes.

The classes, geared for fifth- through sixth-graders, meet for two hours once a week for five weeks. All courses begin with a “Parents Only” night where curriculum and materials are discussed and any questions are answered. Following Parents’ Night, the courses continue with weekly parent-child sessions for four more weeks. One parent accompanies the child to each class, which is approximately two hours in length.

Reproductive body parts and purposes, puberty, pregnancy, childbirth and sexually transmitted diseases are discussed. Decision-making skills are emphasized. Videos, games and other interactive activities help make the classes fun and interesting.

The class for boys will be held Tuesdays, Oct. 6 through Nov. 3 and on Thursdays Jan. 7 through Feb. 4. The girls’ class will meet Thursdays beginning Oct. 8 and ending Nov. 5. Beginning Jan. 5, the second session will meet Tuesdays and end Feb. 2. All classes meet from 7 to 9 p.m. The cost is \$50 per family.

Registrations must be received at least one week before the first class. For more information or to register, visit www.ldchealth.org or call (785) 843-0721.

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