



Together, day by day, building a healthy community

Seat Belt Use | Adult

Definition | Percent of adults who reported they do not always wear a seatbelt when they drive or ride in a car.

Importance | Motor vehicle crashes are the leading cause of death among those ages 5-34 in the U.S. More than 2.3 million adult drivers and passengers were treated in emergency departments as the result of being injured in motor vehicle crashes in 2009. Adult seat belt use is the most effective way to save lives and reduce injuries in crashes. Yet millions of adults do not wear their seat belts on every trip.¹

Where are we | In 2011, 16% of adults in Douglas County did not always wear a seatbelt when driving.

Health Disparities | Among adults in Douglas County in 2011:

- Those aged 45 to 64 were least likely to wear a seat belt when driving as compared to those over 65 and older.

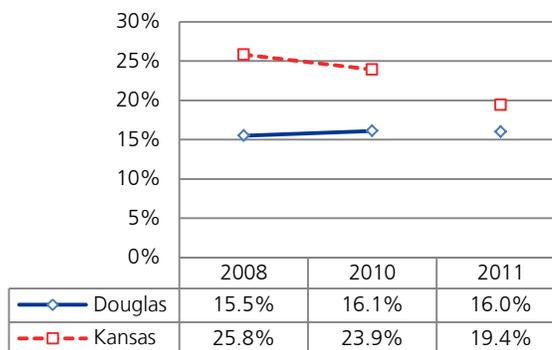
Healthy People 2020 Goal | Not Available

Additional Information | Parents and caregivers can:

- Use a seat belt on every trip, no matter how short. This sets a good example.
- Make sure children are properly buckled up in a seat belt, booster seat, or car seat, whichever is appropriate.
- Have all children ages 12 and under sit in the back seat.
- Never seat a child in front of an air bag.¹

Trend Analysis

Percent of adults who do not always wear a seatbelt when they drive²



*Behavioral Risk Factor Surveillance Survey sample size was considerably smaller in 2010 as compared to 2009 survey sample.

**The 2011 BRFSS data should be considered a baseline year for data analysis and is not directly comparable to previous years of BRFSS data because of changes in weighting methodology and the addition of cell phone respondents.

Disparity Analysis

Percent of adults who do not always wear a seatbelt when they drive²
Douglas County, 2011

