



## Suicide

**Definition** | Rate of deaths by suicide per 100,000 individuals.

**Importance** | Suicide is a serious but preventable public health problem that can have lasting harmful effects on individuals, families, and communities. Effective prevention strategies are needed to promote awareness of suicide while at the same time promoting prevention, resilience, and a commitment to social change.<sup>1</sup>

**Where are we** | In 2010 in Douglas County, the suicide rate was 14.5 per 100,000. This was higher than the state of Kansas and the U.S.

**Health Disparities** | Among Douglas County residents in 2006 - 2010:

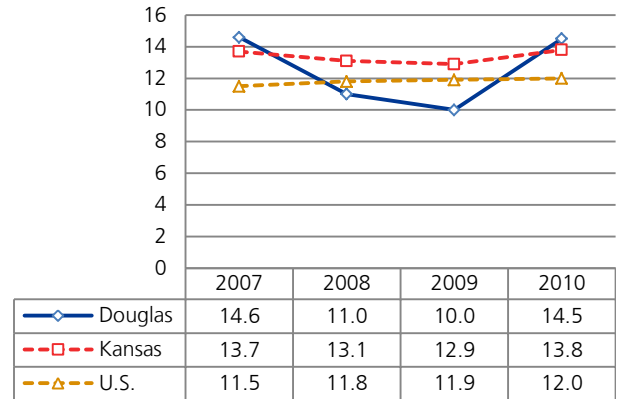
- The likelihood of suicide increased as age increased.
- Males were more likely to commit suicide than females.

**Healthy People 2020 Goal** | Rate  $\leq$  10.2 per 100,000<sup>2</sup>

**Additional Information** | Suicide is a significant public health problem, and there is a lot to learn about how to prevent it. One strategy is to learn about the warning signs of suicide, which can include individuals talking about wanting to hurt themselves, increasing substance use and having changes in their mood, diet, or sleeping patterns. When these warning signs appear, quickly connecting the person to supportive services is critical. Promoting opportunities and settings that strengthen connections among people, families, and communities is another suicide prevention goal.<sup>1</sup>

## Trend Analysis

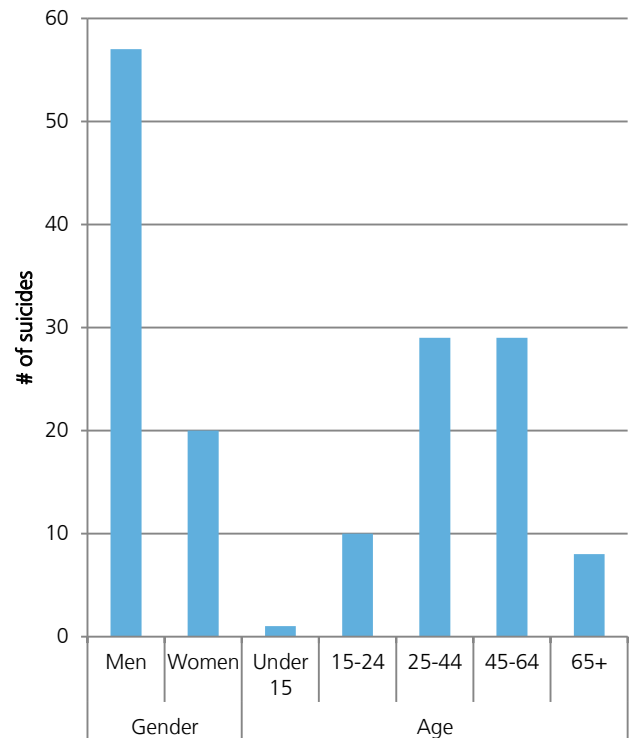
Suicide rates per 100,000<sup>3</sup>



## Disparity Analysis

Disparities in number of suicides<sup>3</sup>

Douglas County, 2006-2010



### Data Source

<sup>1</sup>Centers for Disease Control and Prevention

<sup>2</sup>Healthy People 2020, U.S. Department of Health and Human Services

<sup>3</sup>Kansas Information for Communities, Kansas Department of Health and Environment