

PROGRAMS OFFER:

**Connection to
Community
Resources**

**Monthly
Playgroups**

**Prenatal
Support &
Education**

**Items &
Supplies to
Care For
Baby Needs**

**Opportunity
to Meet
Other Parents**

Call or text: 785-856-7361
humanservices@ldchealth.org

*"I truly enjoy this program! My home visitor is a great person to be around, and my daughter loves her. She is very good at what she does & is very reassuring when I'm hard on myself."
- Client Testimony*



Women, Infants, & Children

Serves income eligible pregnant, postpartum, and breastfeeding women as well as infants and children up to five years of age.

WIC provides nutritious food, nutrition education, breastfeeding support, and referrals to healthcare and other services.

Contact:
wic@ldchealth.org - 785-856-5350
www.ldchealth.org/wic



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FAMILY SUPPORT PROGRAMS

- ♥ **Healthy Families DGCO**
- ♥ **Baby Steps**
- ♥ **Mi Apoyo Prenatal**

200 Maine Street, Suite B
Lawrence Kansas 66044
www.ldchealth.org/fsp



HEALTHY FAMILIES DOUGLAS COUNTY



MI APOYO PRENATAL

- ▼ Prenatal care referrals.
- ▼ Comenzando Bien® prenatal education classes.
- ▼ Interpretation for medical appointments and case management support.
- ▼ ¡Servicios disponibles en español!

INTERESTED?

To enroll you must be:

- ▼ You must be a non-US citizen and meet specific income guidelines.

- ▼ Prenatal and parenting supports.
- ▼ Uses evidence-based program model and Growing Great Kids® curriculum.
- ▼ Flexible home visiting designed to meet your family's needs.

INTERESTED?

To enroll you must be:

- ▼ Douglas County resident.
- ▼ Pregnant or have a child under 3 months.



Healthy Families
Douglas County

BABY STEPS

- ▼ Perinatal and parenting questions answers and supports provided.
- ▼ Flexible/individual case management services.
- ▼ Community resource connections to help you accomplish your goals.

INTERESTED?

To enroll you must be:

- ▼ Douglas County resident.
- ▼ Under 21 years of age.
- ▼ Pregnant or up to 12 months after delivery.