



Together, day by day, building a healthy community

Suicide

Definition | Rate of deaths by suicide per 100,000 individuals.

Importance | Suicide is a serious but preventable public health problem that can have lasting harmful effects on individuals, families and communities. Effective prevention strategies are needed to promote awareness of suicide while at the same time promoting prevention, resilience and a commitment to social change.¹

Where are we | The suicide rate was 11.3 per 100,000 in Douglas County from 2011 - 2013. The rate was lower than the state of Kansas during this time period.

Health Disparities | Among Douglas County residents:

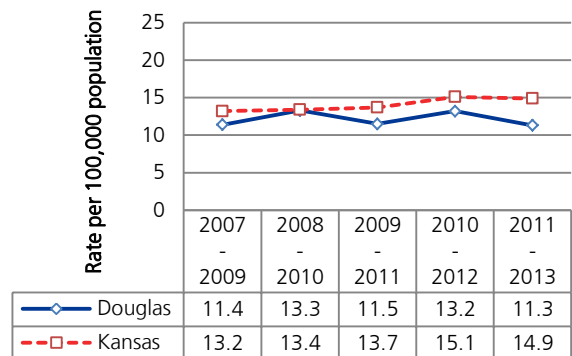
- The likelihood of suicide increased as age increased through age 64.
- Men were more likely to commit suicide than women.

Healthy People 2020 Goal | Rate \leq 10.2 per 100,000²

Additional Information | Suicide is a significant public health problem, and there is a lot to learn about how to prevent it. One strategy is to learn about the warning signs of suicide, which can include individuals talking about wanting to hurt themselves, increasing substance use and having changes in their mood, diet or sleeping patterns. When these warning signs appear, quickly connecting the person to supportive services is critical. Promoting opportunities and settings that strengthen connections among people, families and communities is another suicide prevention goal.¹

Trend Analysis

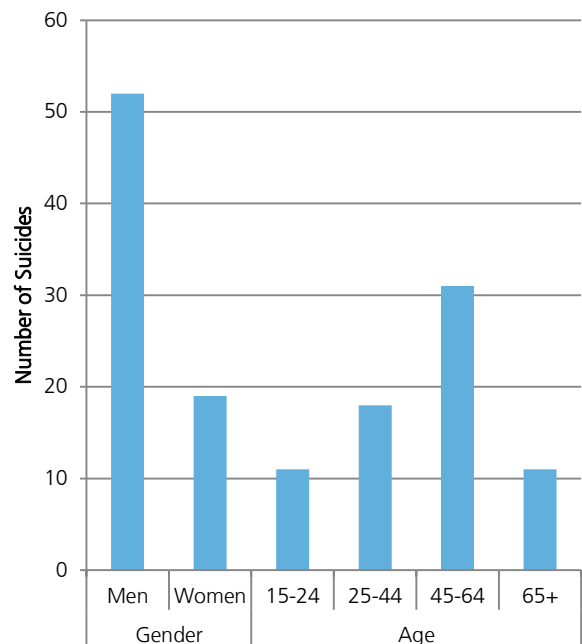
Suicide rates per 100,000³



Disparity Analysis

Disparities in number of suicides⁴

Douglas County, 2009-2013



Data Source

¹Centers for Disease Control and Prevention

²Healthy People 2020, U.S. Department of Health and Human Services

³Kansas Health Matters

⁴Kansas Information for Communities, Kansas Department of Health and Environment