



Healthy People Build Strong Communities

Flu Shot | Adult

Definition | Percent of adults who reported not having a flu shot during the past 12 months.

Importance | Influenza can lead to pneumonia and can be dangerous for people with heart or breathing conditions. Infection with influenza can cause high fever, diarrhea and seizures in children. It is estimated that 226,000 people are hospitalized each year due to influenza and 36,000 die — mostly the elderly. The seasonal influenza vaccine can prevent serious illness and death.¹

Where are we | In 2010 in Douglas County, 52.6% of adults reported not having a flu shot in during the past 12 months. Douglas County had a lower percent than the state of Kansas in 2008 and 2010.

Health Disparities | Among adults in Douglas County in 2009:

- Those aged 18 to 44 years were more likely to not have had a flu shot in the past 12 months.

Healthy People 2020 Goal | NA

Additional Information | The Centers for Disease Control and Prevention (CDC) recommends annual vaccinations to prevent the spread of influenza.¹

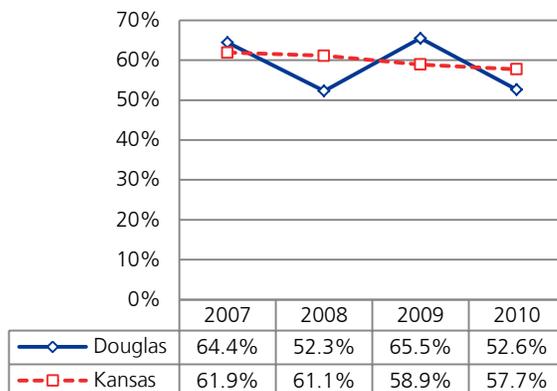
The seasonal flu vaccine is the best way to protect yourself and others from the flu. For many people, the seasonal flu is a mild illness. But for some people, the flu can lead to:

- Serious infections like pneumonia
- Hospitalizations
- Deaths

The flu spreads easily from person to person. When you get the flu shot, you don't just protect yourself- you also protect the people around you.²

Trend Analysis

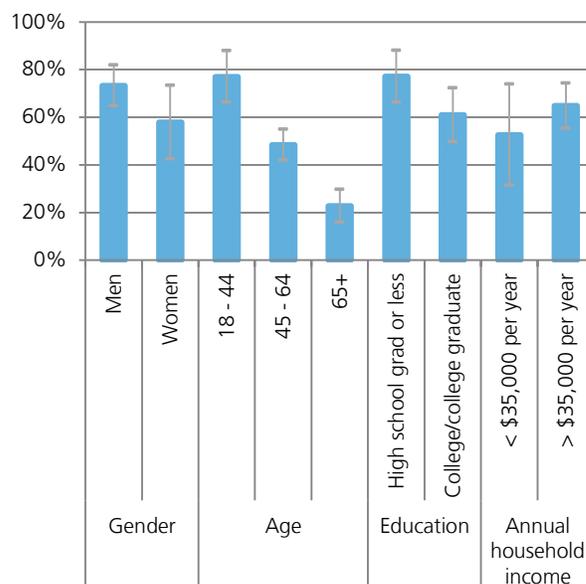
Percent of adults who reported not having a flu shot during the past 12 months³



*Behavioral Risk Factor Surveillance Survey sample size was considerably smaller in 2010 as compared to 2009 survey sample.

Disparity Analysis

Percent of adults who reported not having a flu shot during the past 12 months³
Douglas County, 2009



Data Source

¹Kansas Health Matters

²Healthfinders.gov , U.S. Department of Health and Human Services

³BRFSS, Kansas Department of Health and Environment